

Year 8 Study Skills



Study Skills - Successful Revision Strategies

1. Organisation
2. Revision techniques
3. Getting the most out of your revision



1. Organisation – Planning

Use your time effectively by planning what you are going to revise and when ...

BUT don't spend so much time planning that you don't have time to revise!



Topic	How confident am I with this topic? (5 = very, 1 = not at all)	Have I got revision notes/a mind map/notes in my book?	Tally of how many times I have reviewed this topic.	Have I completed a practice question?
Rivers and coasts	3	Yes – mind map	///	



Day	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Monday 22 nd October	Subject: Maths	Subject: Geography	Subject: English	Subject:	Subject:	Subject:
	Topic: Significant figures - CE questions	Topic: Rivers and coasts - Practise drawing and annotating diagrams of coastal landforms	Topic: Make question-and- answer revision cards on circuit symbols	Topic:	Topic:	Topic:
	Time: 9.00-9.25	Time: 9.30-9.55	Time: 10.00-10.25	Time:	Time:	Time:
	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:
	Topic:	Topic:	Topic:	Topic:	Topic:	Topic:
	Time:	Time:	Time:	Time:	Time:	Time:



1. Organisation – Equipment

Use ring binders with sub-dividers to organise your work (one ring binder per subject).

Keep index cards in boxes with sub-dividers.



1. Organisation – Equipment

Use spiral-bound notepads. Write questions on the left-hand page and answers on the right-hand page.

Make sure you have all the writing equipment you need: pens, pencils, colour fine liners and highlighters.



1. Organisation – Workspace

You need a tidy workspace away from distractions.
(Siblings need to be kept away!)

Your desk should be well lit and your room should be warm but not so warm it sends you to sleep!

Leave your phone/iPad downstairs with your parents!



2.1 Revision techniques – Mind maps

Mind maps **group ideas** and make use of **colour** and **pictures** to help you remember key words and concepts.

Create your mind map on A3 paper. Use different colour fine liners for each branch and for drawing quick sketches to help you remember key ideas.



2.1 Revision techniques – Using your mind maps

- i) Stick your mind map up on your wall at eye-level.
- ii) Study one of the branches then turn away and talk through the ideas (either out loud or in your head) whilst walking across the room.
- iii) Repeat for the other branches.
- iv) Rotate the mind maps you have up every couple of days.



2.2 Revision techniques – Flow charts

Flow charts also make use of **colours** and **pictures** to help you remember key words and concepts.

They are most effective when ideas follow a particular sequence (usually logical or chronological).



2. Revision techniques – Index cards

Index cards are most effective when a **question-and-answer** approach is used, with questions on the front of the index card and the answers on the back (this allows for easy self-testing).

Colour and **pictures** can again be used to help you remember key words and concepts.



2. Revision techniques – Using index cards

Work your way through one topic, putting to one side any questions to which you did not know the answer; then work through the questions you were unsure about again at the end.

Regularly shuffle the cards so you do not get used to answering the questions in a particular order.



2. Revision techniques – Making notes

Identify and summarise the main points for each topic.

Make sure you include key words.

Use abbreviations (+, =, e.g., ∴, ∴)

Make use of colour and pictures.



3. Getting the most out of your revision – what works?

You need to identify the revision strategies that work for you.

You also need to structure your day in a way that works best for you.



3. Getting the most out of your revision - exercise

Higher oxygen levels in your blood increase your ability to concentrate.

When you exercise, your body releases endorphins, which help you to stay positive.

Exercise also helps you to sleep more soundly.



3. Getting the most out of your revision - diet

Make sure you eat well in the morning before you start revising.

Drink plenty of water throughout the day (if you are dehydrated you won't be able to concentrate).



On the day...

Get all your equipment ready the night before.

Make sure you get a good night's sleep.

Make sure you eat something for breakfast.

Avoid cramming – try to relax in the morning.



During the exam...

Check where the clock is so you can keep an eye on the time. Try to divide the time you have sensibly between the questions.

If a question looks particular tough, leave it and come back to it at the end.

Check your answers.



Highlight any problems for
discussion with your teachers
well in advance of your exams!



WHAT'S HE GOING TO BE
WHEN HE PASSES ALL
HIS EXAMS ?

A PENSIONER!



m. Flanagan.

Vinehall

ROBERTSBRIDGE, EAST SUSSEX

