

Vinehall

ROBERTSBRIDGE, EAST SUSSEX



5th March 2019

Dear Parent

Tomorrow sees the return of a Vinehall Tradition - Lenten Friends.

During our House Assembly today pupils were given a talk by Year 6 pupils, who explained to them that for the period of Lent many Christians give up something to remind them of the time that Jesus spent in the desert. There has been a move more recently towards people doing 'good' things in this period and at Vinehall we ask pupils, if they want to participate, to spend the 40 days actively doing good for their 'Lenten Friend'. Pupils drew the name of their 'Lenten Friend' out of a box today and we will encourage them to keep that name a secret whilst they actively try to be kind to them, look out for them, include them in activities/games and even write encouraging notes. On the last day of term pupils may, if they wish, bring a small edible gift for their Lenten Friend. They can choose to reveal their identity at this time too!

This has always been a fun tradition which the children. If your child has opted to be involved please do ask them about it and encourage them to be 'thoughtful' towards that person - our theme of the week.

Best Wishes

Louise Payne
Assistant Head Pastoral