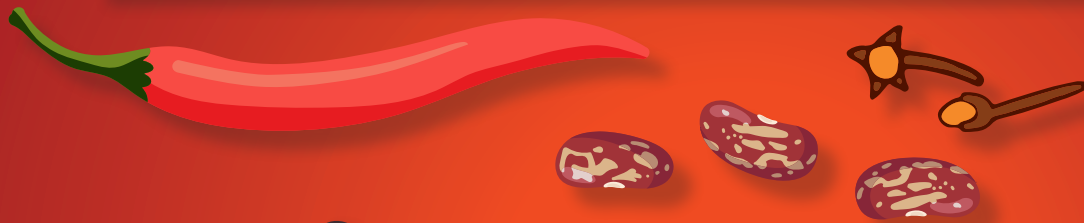


# Eat the Rainbow



*Is for September*

Red foods contain lycopene which is great for your skin!